Collaborative Project

Restructuring the youth's basketball center to encourage:

Athleticism, fitness and social interaction

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Fig 1. Basketball Court

Project Overview

Restructuring/Renovating the youth's basketball center to promote participation in sports, which aids fitness and general health benefits, athleticism, social interaction and overall societal welfare.

Source: Freepik (2023)

Collaborative Partners

Fig 2. Youth's basketball team

Source: Adobe Stock (2023)

Partner Description

The "ball together" youth's basketball team is a 12 member team consisting of distinct skillful individuals with keen interest in issues of societal welfare, social interaction, fitness and overall well-being. Asides being talented basketball players, their vast knowledge and skills in areas like building, painting, design, project management, arts & music are crucial to the restructuring of the youth's basketball center.

Project Goals and Outcomes

Goals

- Identify resources/materials needed for restructuring

- Have a blueprint/design of what the basketball center should look like in terms of structure, outlook, color and standardization

- Departmentization and grouping of tasks/activities and individuals

- Delegation of roles to individuals according to their specific skillsets

- Division of labor to achieve desired result at the set time

Results/Outcomes

- Increased participation in sports and fitness training therefore Improving health status

- Higher rate of social interaction and networking

- Reduced indulgence in gang activities leading to an overall Improved societal welfare.
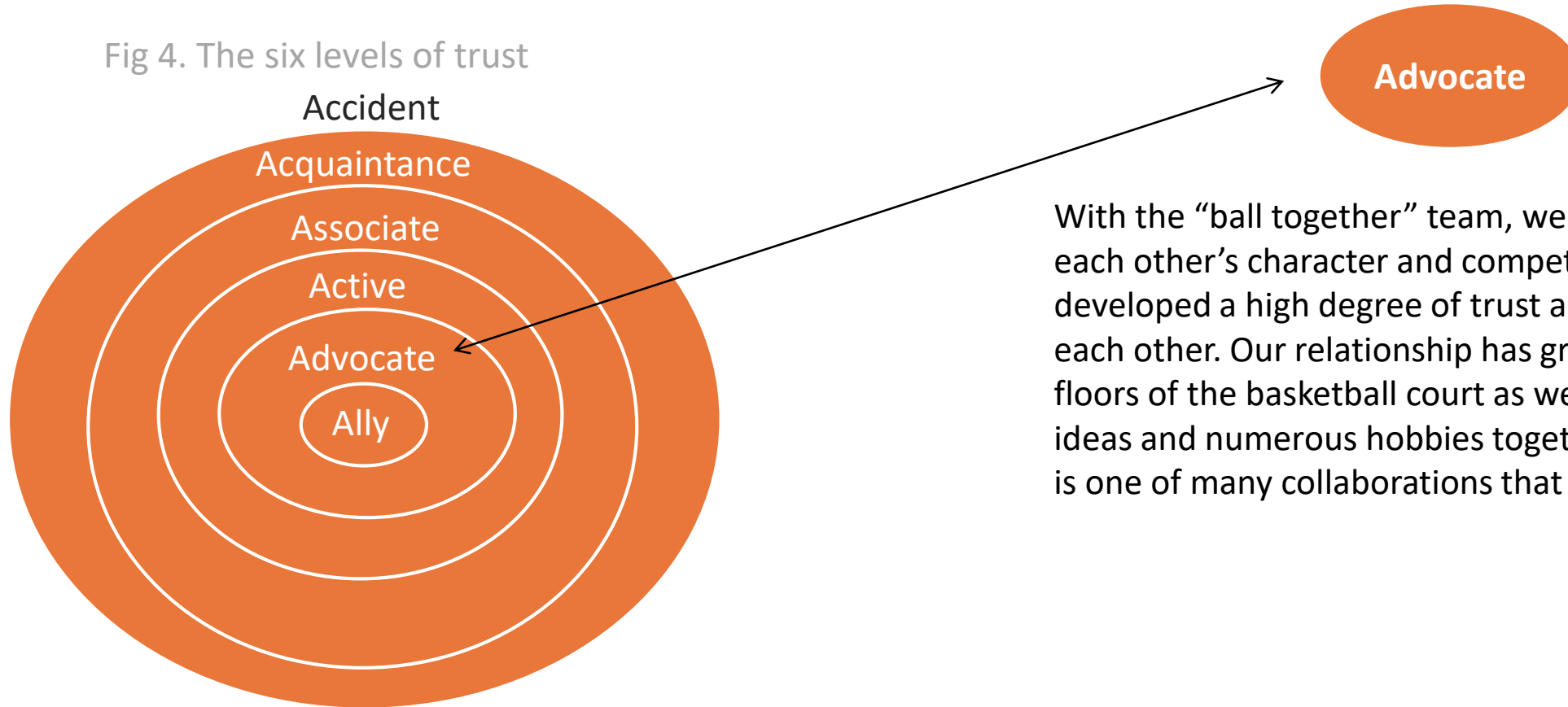
Fig 3. Youth's basketball center
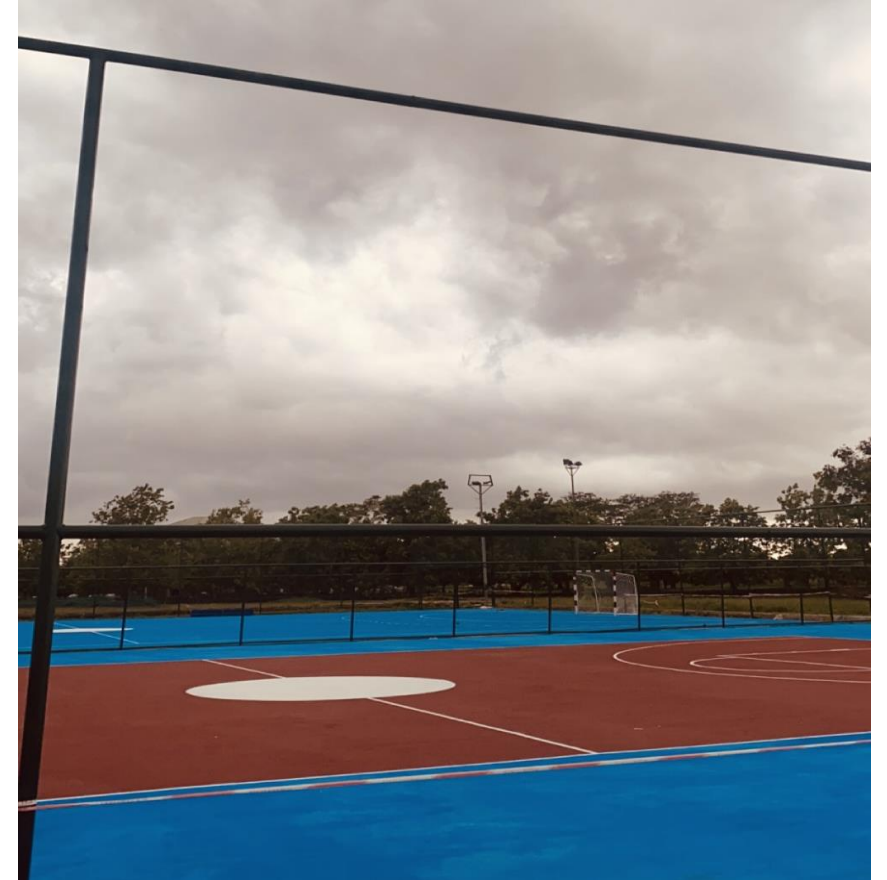
Source: Author's own photograph (Restructuring a basketball center)

Partner Selection

Accident
Acquaintance
Associate
Active
Advocate
Ally

Advocate

With the "ball together" team, we are convinced of each other's character and competences, we have developed a high degree of trust and enjoy supporting each other. Our relationship has grown beyond the floors of the basketball court as we share interests, ideas and numerous hobbies together. This project is one of many collaborations that highly interests us.

Alternatives Considered

Fig 5. Alternatives Explored

Source: LinkedIn

I explored collaborating with other peers, but I chose to work with the "Ball Together" youth basketball team because we share strong interests in sports, project management, and community engagement. Our complementary skills and natural synergy made the team an ideal partner to successfully execute the project and achieve meaningful outcomes.

Possible Advantages and Disadvantages compared to the way I chose

Fig 6. Team Structure

Source: Vecteezy

Advantages

- Heterogeneity of ideas
- Diverse values & perspectives
- Enthusiasm & motivation
- Flexibility & adaptation
- Learning opportunities

Disadvantages

- Limited expertise/professionalism
- Lack of prioritization
- Limited resources
- Overall shift of project's goal

Collaboration Design

Subject Level

Goal: To have a conducive basketball center where individuals will feel safe and comfortable to workout, hangout, network & relax

Target: Youth, middle-aged and relatively older individuals

Content: Social welfare, sports, fitness, art, music and networking

Tasks: Concrete work, painting, lighting and incorporating Diverse genres of music during workout to keep the flow

Relationship Level

Trust: We have a sufficient level of trust for each other as we've known each other for a while now and can vouch for one another

Interpersonal behavior: clear and precise communication channels to express our ideas and feelings. We are open to corrections and adaptation to aid a successful project

Resolving conflicts: We understand that conflicts are inevitable In every gathering/team, therefore if any arises, we tackle why there is a difference in opinion and sought out right strategies to achieve our desired goal.

Structure Level

Process: Have a blueprint/design of the desired result

Responsibilities: Assign tasks such as painting, lighting set up, Concrete work to individuals according to their specific skill-sets

Communication channels: mostly face-to-face, and virtually if necessary

Me Level

Motivations & Commitments: I draw motivations from history, art, music, design and nature. It rejuvenates my sense of reasoning

My skills & strengths: I possess strong project management, Communication and technical drawing/design skills.

Limitations: I struggle wit adapting & finding flexible methods to solve complex problems. So, I am developing my listening and communication skills to have diverse viewpoints to solve complex problems

Contributions: I contribute by managing the team, communicating the Needs, timelines & expectations of the project to team members.

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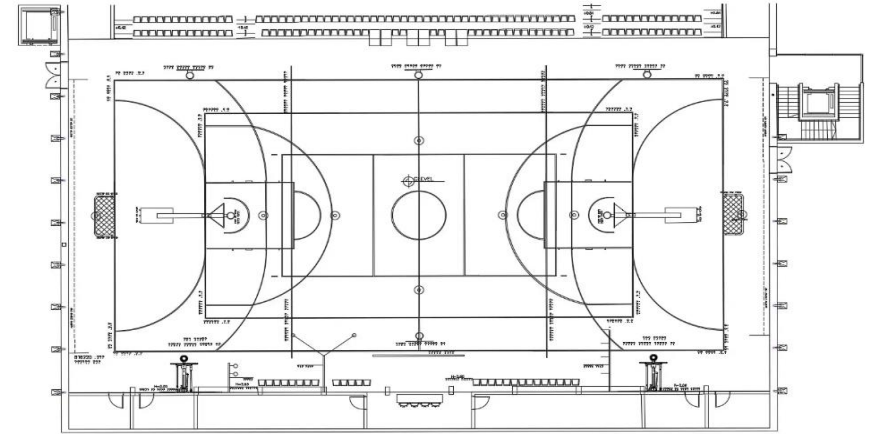# Approaches / Tools / Methods

Organization Tools

Fig 7. Kanban Board
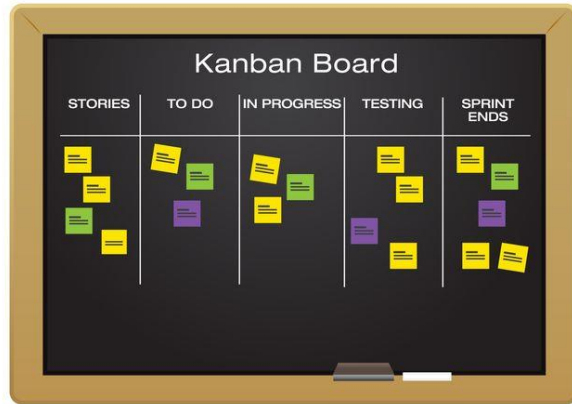
Source: Kanban Templates

Fig 8. Project Design

Source: Automatic Computer Aided Design
(AutoCAD)

Usefulness: Kanban boards encourage focus, it gives everyone the visibility to ensure that top priority work stays top priority, improving team efficiency

Limitation: Limited utility for complex projects using the Kanban board

Alternatives considered: Scrum framework

Usefulness: AutoCAD makes the design process faster and more efficient.

Limitations: Complexity and high cost.

Alternatives considered: Figma

Communication Tools

Fig 9. Face-to-face interaction
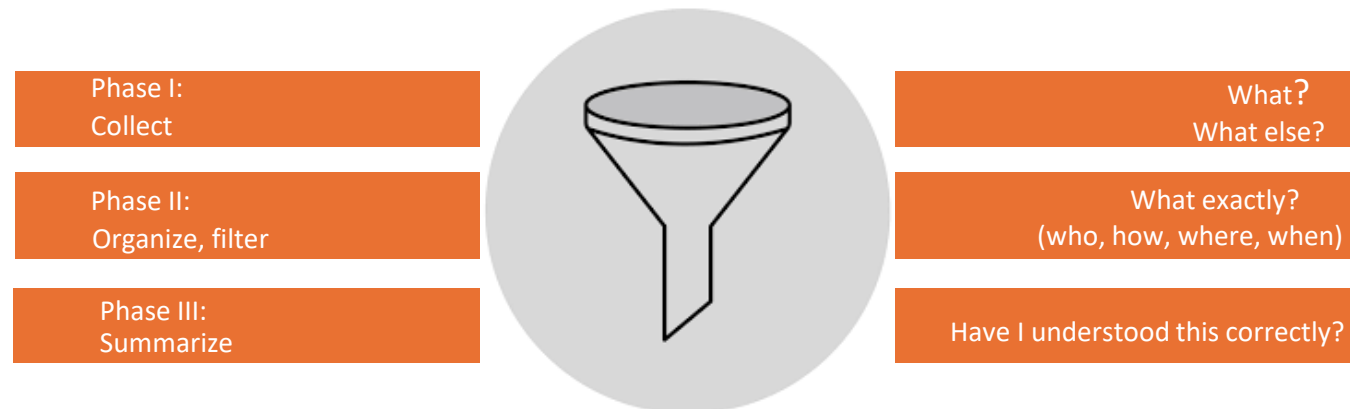
Source: Adobe stock (2023)

Fig 10. WhatsApp

Source: Adobe stock (2023)

Fig 11. E-mail

Source: Adobe stock (2023)

Communication Methods: The Question Funnel

Phase I: Collect		What? What else?
Phase II: Organize, filter		What exactly? (who, how, where, when)
Phase III: Summarize		Have I understood this correctly?

Yes, that's it. That is what I meant

Source: Own illustration created with powerpoint, based on
"The Question Funnel" (Barber et al., 2015)

Conflicts and Conflict Resolution

Conflicts: a state or condition marked by lack of agreement or harmony

Conflict Resolution (Lahninger, 2018, p. 238)

- Step 1: Stop! Take a break
- Step 2: Listen and understand
- Step 3: Communicate
- Step 4: Find solutions
- Step 5: Decide

Fig 12. Conflict

Source: Adobe stock (2023)

Personal Strengths/Resources

- Planning

- Organizing

- Effective communication

- Attention to details

- Simplifying complex ideas

- Overall project management

Extra Strengths/Resources & Access to them

- Automatic Computer Aided Design (AutoCAD)

- User experience design (figma)

- Technical expertise/know-how

Fig 13. Personal Strength

Source: Adobe stock (2023)

Personal Learning Gains

- Strengthened collaboration skills
- Effective time management skills
- Service to others
- Project design & analysis
- Strengthened communication skills
- Developed negotiation & problem solving skills

Conclusions for future studies & collaboration

- Adaptability
- Open-mindedness
- Emphasize the importance of clear communication
- The recognition of heterogeneous skills in achieving a homogenous goal is invaluable
- Skills you learn from a project can be transferrable to another

Fig 14. Personal gains involving collaboration

Source: Adobe stock (2023)

Project Conclusion

The restructuring of the youth's basketball center is "one for the books" with a great serene feel and beautiful aesthetics increasing the turnout of individuals now participating in sports. This has led to fitness, therefore improving overall health status.

From a dormant space to a rejuvenated center has increased the chance for social interaction and networking. This is beyond just a basketball enter. The success of this project stems from team member's keen interest in issues of overall societal welfare with sports and fitness as base objective.

Our diverse skills such as construction, technical expertise and project management has played a crucial role in the success of this project.

By embracing prioritization, delegation and effective communication, we have been able to conquer all barriers that has posed as potential threats to the completion of this project.

List of Figures

Bibliography

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